

*In our school every day we learn, love and pray.*

## **St Edmund's Catholic Primary School**

### **Personal, Social and Health Education Policy**

*"A learning community, celebrating Christ in all, building a kingdom of love, hope and joy."*

At St. Edmund's, Personal, Social and Health Education (PSHE) is central to our school ethos. It supports children in their development. It underpins learning in the classroom and throughout the School. It promotes the spiritual, moral, cultural, mental and physical development of all children. It prepares children at the school for the opportunities, responsibilities and experiences of adult life.

PSHE contributes to the development of children's individual identity, and their sense of self-esteem. It gives direction in life, and develops decision-making skills. As children mature it underpins and supports their emotional development. Where self-esteem is high, learning and all of the social aspects of life become much easier.

When children enter St Edmund's, they already have a range of life experiences developed at home. PSHE continues and supports the personal development of the child, as they progress through the school. Parents or adults who care for the children we teach are the 'first educators' of our pupils. We work in partnership with them in developing their children's personal and emotional development. This work is important to the overall development of the child, it helps guide and develop children to be more caring, to be respectful, empathetic and to become responsible young citizens.

#### **Aims**

At St. Edmund's we aim to:

- Develop positive social interaction and the skills to love and work with others
- Develop a personal identity, to give a focus in life and to motivate the children we teach.

#### **Objectives**

At St. Edmund's our objectives are to:

- Enhance self-esteem and to develop motivation
- Ensure that children understand that they must accept responsibility for their own actions
- Ensure children become independent, enabling them to make informed choices and decisions
- Improve interpersonal skills, thus developing pupils who are able to work independently or collaboratively
- Develop a sense of responsibility for their actions and to contribute to and accept rules
- Engender an increased understanding of the school as a community and the wider community

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- Teach the children how society is organised and governed as well as their rights and responsibilities
- Recognise that children have feelings and to teach them how to manage their own behaviour and to be aware of the impact they have on the behaviour of others
- Develop their own spirituality and faith and appreciate the spirituality and faith of others
- Appreciate diversity and what it means to be a positive member of British and multicultural society and to celebrate the gifts, talents and uniqueness of others
- Discover how to be happy, confident and responsible members of society
- Raise awareness of Global issues through RE and ongoing geography units as well as annual fundraising

PSHE enables the children to:

- develop spiritually, morally, socially and culturally;
- know and understand what constitutes a healthy lifestyle;
- be aware of safety issues, including the dangers of drugs and alcohol;
- understand what makes for good relationships with others;
- understand and manage their emotions;
- value themselves and respect and value others, treating all equally;
- acknowledge and appreciate difference and diversity;
- be independent and responsible members of the school and the local community;
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- safeguard the environment;
- develop good relationships with other members of the school and the wider community;

### **Implementation**

We teach PSHE mainly through our value words (love, friendship, perseverance etc.). We actively promote a value word each short term through Collective Worship, KS 1 and 2 Assemblies and class discussion. Our teaching has five aims:

To enable children to:

1. Be Healthy
2. Stay Safe
3. Enjoy and Achieve
4. Make a Positive Contribution
5. Achieve economic Wellbeing

The value words also aim to teach children more about Christian values and how they can help us to show God's love to those around us.

Some of the time we introduce PSHE through other subjects or as part of the creative

curriculum. We also develop PSHE through Circle time, wall displays and whole-school events.

Effective PSHE teaching takes place through a range of teaching strategies. These teaching strategies are essentially active, in that children become involved in their learning, through role play and several types of discussion forum. One specific discussion forum is Circle Time. This is used to develop personal skills, to explore feelings and allow children to learn about themselves and their interactions with others. It is also a tool for exploring speaking and listening. On occasions visitors are used to support and extend our classroom teaching.

There is an active School Council, elected by the children. It meets regularly and the children are encouraged to voice their opinions in a constructive manner. They offer suggestions for school improvement.

### **Cross-curricular links**

All curriculum areas contribute in some way to PSHE, in developing skills, attributes, values or feelings. Some curriculum areas have specific contribution; for example, parts of sex education/relationships (SRE) are delivered through Science. Where children are able to learn about themselves, to work independently, or collaboratively, a contribution is being made to PSHE.

### **Inclusion**

We teach PSHE to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of all children. Sensitivity will be applied in respect of children's individual needs.

### **Assessment and Recording**

Teachers assess work in PSHE by making informal judgements as they observe the children during lessons and through discussion. Progress will inform teachers of short term planning needs. At present there is no formal assessment.

### **Monitoring and Review**

The PSHE subject leader is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader will support colleagues in the teaching of PSHE, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in school. The policy will be reviewed every two years.

Date: **October 2015**

Reviewed Date: **February 2019**

**Next review date: February 2022**